



# 23rd ANNUAL SHAMROCK RUN, WALK & TOTS TROT

## OFFICIAL REGISTRATION

One per entrant, copies accepted.

Results posted at [www.stfrancismocksville.com](http://www.stfrancismocksville.com)

Name: \_\_\_\_\_  
First Last

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

For Race Day Results Include Your E-mail Address:  
\_\_\_\_\_

Birth Date: \_\_\_\_\_ Age on 3/5/11: \_\_\_\_\_

Gender: Male Female

Adult T-Shirt Size (please circle one):

XXL XL L M S

I am registering for (please circle one):

5K Run 10K Run

Both 5K & 10K Runs

5K Competitive Walk 5K Fun Walk

**RACE WAIVER ON BACK  
MUST BE SIGNED!**

### RACE INFORMATION

The Shamrock Run, Walk & Tots Trot will be held at St. Francis of Assisi Catholic Church, Mocksville, NC. The USATF Certified 5K & 10K courses are scenic routes through the heart of Mocksville. There is a new addition to our event, the 1<sup>st</sup> Annual Corporate Challenge Fitness Run/Walk which will be part of the 5K.

### LOCATION

St. Francis of Assisi Catholic Church  
862 Yadkinville Road, Mocksville, NC

**DIRECTIONS:** Exit 170 off I-40. Turn left from westbound, turn right from eastbound. Not counting lights at exits, turn left at the fourth stop light. Church is on the right next to Sun Trust Bank.

### RACE SCHEDULE

Early Packet Pickup is Friday March 4<sup>th</sup> from 4:00pm to 7:00pm

Race Day Packet Pickup begins at 7:00am

5K Run at 8:15am

Competitive Walk & Fun Walk at 8:15am

10K Run at 9:00am

Awards Ceremony to begin at 10:00am

Tots Trot at 10:00am

### FEES

Pre-Register by January 30, 2011 - \$20.00

Pre-Register by March 4, 2011 - \$25.00

Register the Day of the Race - \$30.00

Tots Trot - \$5.00 (Separate Registration Form)

All fees include T-shirt

### REGISTRATION

Register online at [www.active.com](http://www.active.com). On-line registration closes **March 3, 2011**.

Register by mail by completing the attached registration form and mailing with your check made out to:

St. Francis of Assisi Church  
862 Yadkinville Road  
Mocksville, NC 27028

**REGISTER NOW!**

### REGISTER EARLY!

Pre-Registrations must be received in the Parish Office by **March 4, 2011**. *Entry fees are non-refundable.* Unclaimed packets will not be mailed to entrants.

Call Paul Nice at 336-473-5730 for additional information or e-mail

[ShamrockRun@StFrancisMocksville.com](mailto:ShamrockRun@StFrancisMocksville.com)

**A PORTION OF PROCEEDS TO  
BENEFIT Hospice & Palliative  
Care of Davie County**

Dr. Gary Prillaman, DDS



2010 Top Sponsors



WADE H. LEONARD, JR.  
Attorney At Law



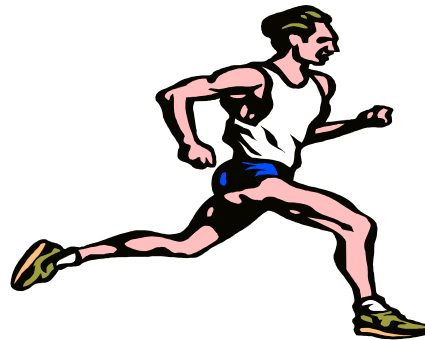
## RACE WAIVER

I know that running a good road race is a potentially hazardous activity and I should not enter unless I am medically stable and properly trained. I assume all risks associated with running or walking in this event including, but not limited to, falls, contact with other participants, the effects of weather and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I, for myself, and anyone else acting on my benefit waive and release and indemnify the organizers of the Shamrock Run, St. Francis Catholic Church, plus all sponsors, their representatives and assignors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also give my permission for the free use of my name and picture in any written account, broadcast or telecast of this event for any legitimate purpose.

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By signing, I accept the waiver above.  
Signature of parent or guardian if under 18.

**Hospice & Palliative Care of Davie County** Hospice & Palliative CareCenter provides compassionate care for those individuals living with a life-limiting illness and their families, through quality medical, emotional, spiritual, and social support.



St. Francis of Assisi Catholic Church  
862 Yadkinville Road  
Mocksville, NC 27028  
336-751-2973  
Fax: 336-751-9929

# 23rd Annual Shamrock Run, Walk & Tots Trot

**Saturday, March 5, 2011**

**St. Francis of Assisi Church  
Mocksville, North Carolina**

